



Crisis Resource Information

<p>Crisis and Help Lines</p>	<p>Multnomah County Crisis Line 503-988-4888</p> <p>Clackamas County Crisis Line 503-655-8585</p> <p>Washington County Crisis Line 503-291-9111</p> <p>Clark County Crisis Line 360-696-9560</p> <p>National Suicide Prevention Lifeline 1-800-273-8255</p> <p>Veterans Suicide Prevention Hotline 1-800-273-8255, Press 1</p> <p>LGBTQ Suicide Prevention Hotline 1-866-488-7386</p> <p>Trans Lifeline 877-565-8860</p> <p>Teen Suicide Prevention Hotline 1-800-USA-KIDS (872-5437)</p> <p>Military Helpline 888-457-4838 <i>or Text MIL1 to 839863</i></p> <p>Alcohol and Substance Helpline 800-923-4357 <i>or Text RecoveryNow to 839863</i></p>
<p>Walk-in Clinics</p>	<p>Multnomah County Walk-in Clinic at Cascadia Behavioral Health Care 7 days/week, 7:00 AM-10:30 PM 4212 SE Division, Suite 100, Portland, OR 97206 503-963-2575</p> <p>Clackamas County – Urgent Mental Health Walk-in Clinic 6 days/week (M-F, 9:00 AM-7:00 PM and Saturday, 10:00 AM-7:00 PM) 11211 SE 82nd Ave, Suite O, Happy Valley, OR 97086 503-742-5335</p> <p>Washington County Hawthorn Walk-in Center 7 days/week (9:00 AM-8:30 PM) 5240 NE Elam Young Parkway, Suite 100 Hillsboro, Oregon 97124 503-291-9111</p>
<p>Psychiatric 24/7 Emergency Room</p>	<p>Unity Center for Behavioral Health 24 hours/day, 1225 NE 2nd Ave, Portland 503-944-8000</p>